

## Natural Pastures Cheese Company

### Award-winning, Vancouver Island Artisan Cheese



#### NATURAL PASTURES

Sustainable, ethical practices

Terroir of a pristine, coastal valley

Wholesome, fresh milk from stress-free, pasture raised cows

Handmade under the guidance of a traditional Swiss Cheesemaker

Since their inception, Natural Pastures has won numerous national and international awards, including World Championship Gold and Silver Medals and a World Cheese Awards Silver Medal.

**YEAR STARTED:** 2001

**LOCATION:** Federally inspected production facility in Courtenay in the Comox Valley on Vancouver Island

**HISTORY:** Brothers Phillip, Edgar and Doug Smith and businessman Rick Adams founded Natural Pastures in 2001. They were joined shortly after by Swiss cheesemaker, Paul Sutter.

**MILK SOURCE:** Certified Heritage Dairy Farms that are committed to animal welfare, environmental sustainability and enhancement, biodiversity and pasture raised cows. Standards are ensured through an annual inspection by an independent, licensed, professional agrologist.

#### BENEFITS OF PASTURE RAISED COWS:

- Outstanding milk with distinctive flavour and high nutritional value
- Lower greenhouse gas emissions
- Healthier, stress-free cows
- No herbicides, pesticides, growth hormones or antibiotics
- Enhances environment and biodiversity in the community

**TERROIR:** Natural Pastures artisan cheeses are known for their unique, delicious taste due in part to their terroir—coastal pastures watered by ocean fog and rain, with lush grass grown in the pristine soils of the Comox Valley.

**PRODUCTION STANDARDS:** Natural Pastures cheese is handmade using artisanal, Swiss cheesemaking traditions under the guidance of Paul Sutter, Head Cheesemaker. Originally from Switzerland where he was trained, Mr. Sutter continually fine tunes cultures, temperatures and ingredients to create Natural Pastures cheese.

# Courtenay Cheddar



Pure Art. Naturally.

## DESCRIPTION:

A ripened, firm Cheddar reflecting the unique terroir of the Comox Valley.

## USES:

Sliced or cut for snacking, appetizers or sandwiches. Can be grated for any type of cooking, melting or cheese sauces. Delicious in grilled cheese sandwiches, melted on pastas, in soups or other main dishes. Serve with fruit or on cheese platters. Perfect with red wine or beer. For optimal flavour and texture, serve at room temperature.

## PRODUCT PACKAGING:

- 5 kg – one whole round, vacuum packed
- Packaged 2.5 kg – 12 units individually vacuum packed with a product specific Natural Pastures label
- ¼ Wheel 1.25 kg

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635 McPhee Ave, Courtenay, BC V9N 2Z7

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[www.naturalpastures.com](http://www.naturalpastures.com)

# Courtenay Cheddar



**NATURAL PASTURES**  
cheese company

## CHARACTERISTICS:

Soft Cheese	
M.F.	35%
Moisture	39%

## INGREDIENTS:

Pasteurized milk, microbial culture and enzyme, salt

## SIZE & PACKAGING:

		Packaged	½ Wheel
Size	5 kg	2.5 kg	2.5 kg
Product Qty/Case	1 unit	12 units	N/A

## GTIN & SCC-14 CODE:

5 kg	90850553000704
2.5 kg - Packaged	90850553000711
1.25 kg – ¼ Wheel	

**SHELF LIFE:** 150 days

## STORAGE CONDITIONS:

Keep refrigerated at 2-4C. Do not freeze.

## MICROBIOLOGICAL CANADIAN LEGAL NORMS:

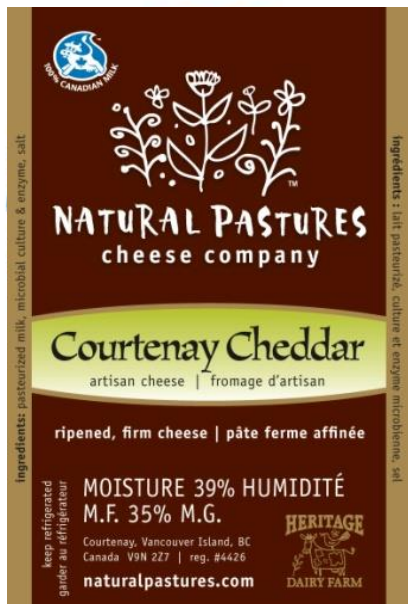
E. Coli	100	2,000	2/5
Staphylococcus Aureus	100	10,000	2/5
Listeria/Salmonella	0	0	0/5

## LOT NUMBER:

On Unit: Best Before + Production Number  
On Case: Production Number + Best Before

## Nutrition Facts Valeur nutritive

per 1/9 package	(28 g)
pour 1/9 d'emballage	(28 g)
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b>	100
<b>Fat / Lipides</b>	8 g 12 %
Saturated / saturés	5 g 26 %
+ Trans / trans	0.3 g
<b>Cholesterol / Cholestérol</b>	15 mg
<b>Sodium / Sodium</b>	130 g 5 %
<b>Carbohydrate / Glucides</b>	1 g 0 %
Fiber / Fibres	0 g 0 %
Sugars / Sucres	0 g
<b>Protein / Protéines</b>	7 g
Vitamin A / Vitamine A	6 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	20 %
Iron / Fer	0 %



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